

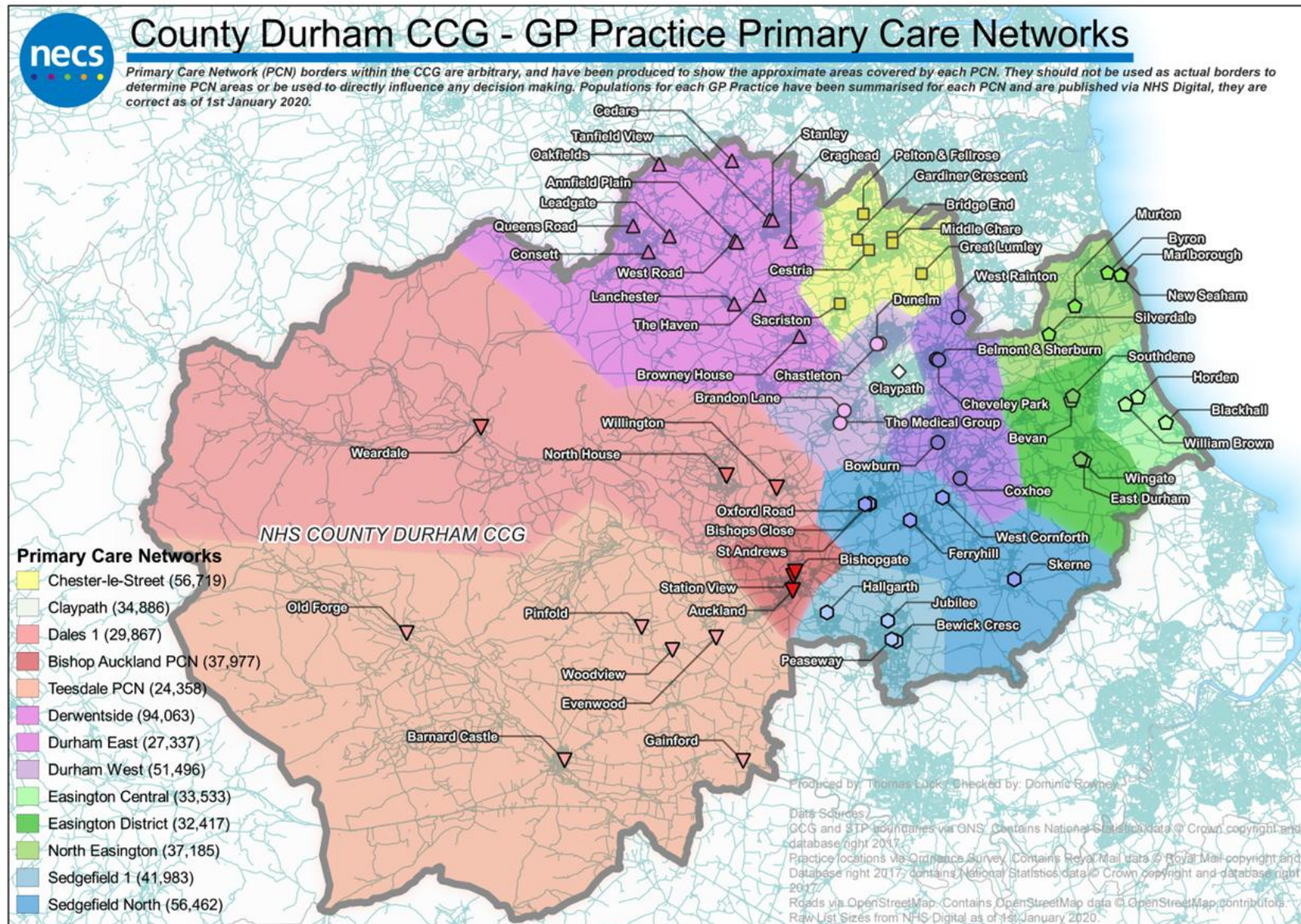
Neighbourhood Health

Susan Watson

CEO of South Durham Health Community Interest
Company



Who are South Durham Health CIC?

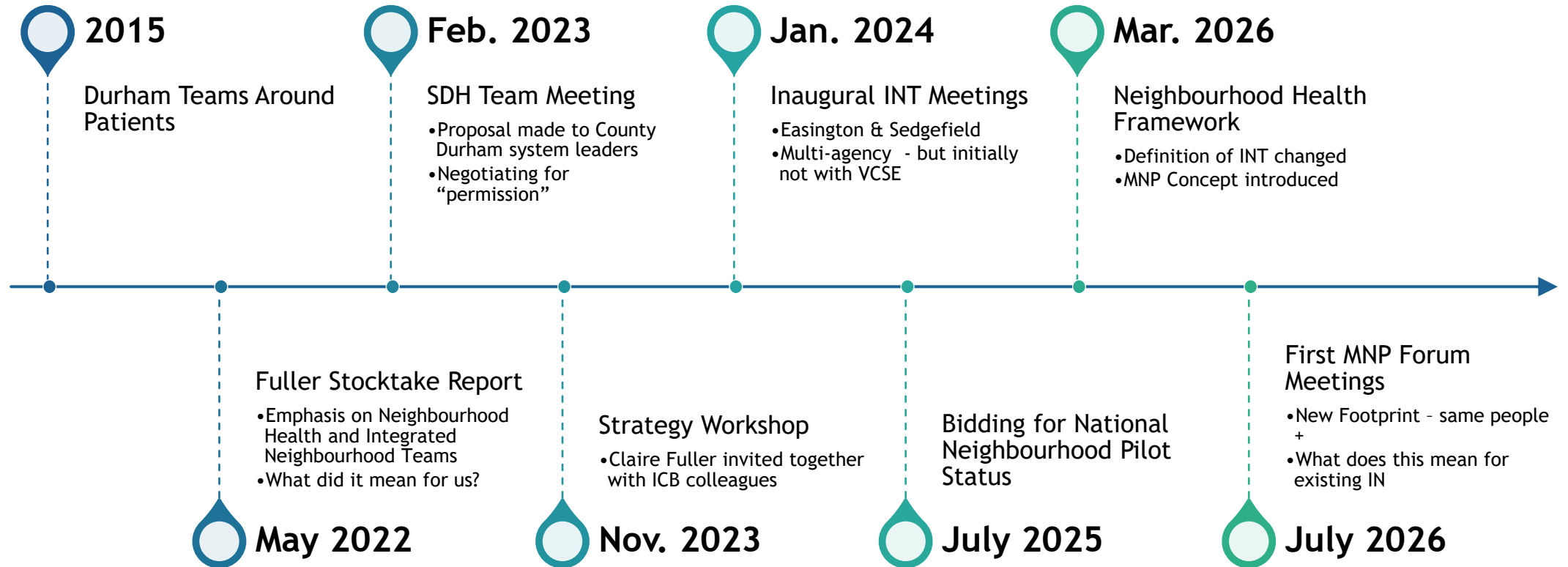


Who are South Durham Health CIC?

PCN	Population	GP Practices
North Easington	38,431	3
Easington Central	33,890	4
Durham Coast	38,431	5
Sedgefield 1	43,238	4
Sedgefield North	59,197	5
Total	208,886	21
<i>Intrahealth</i>	<i>27,294</i>	<i>4</i>

Service Contracts Held
Vulnerable Adults Wrap Around Service (VAWAS)
Proactive Home Visiting
Frailty
Adult Community Mental Health
Extended Primary Care Services
Acute Respiratory Infection (seasonal)
COPD (seasonal)/Mining Communities
Anti-coagulation
Smoking Cessation

What does Neighbourhood Health mean for SDH?



Neighbourhood Health

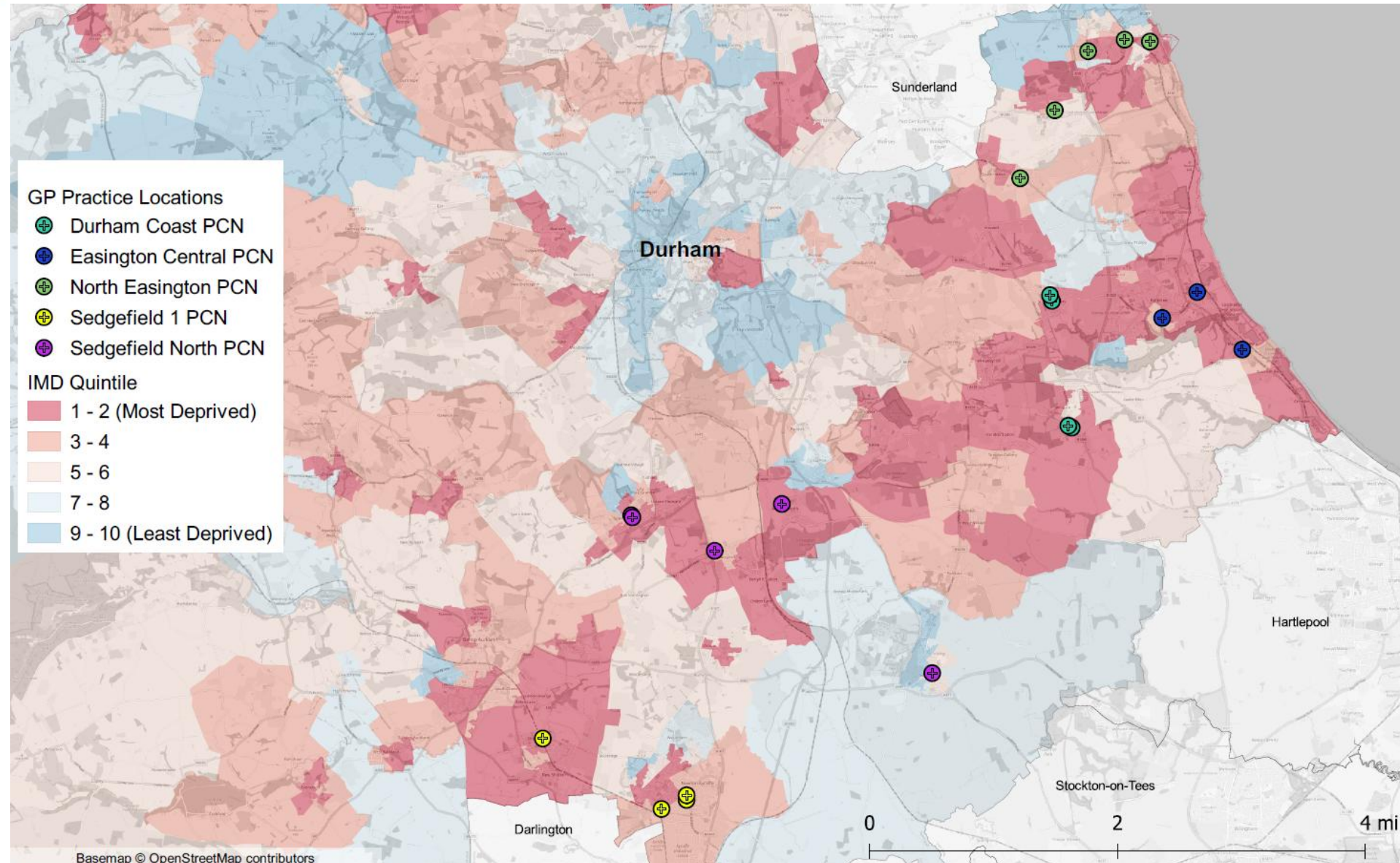
Where do you start?





South Durham

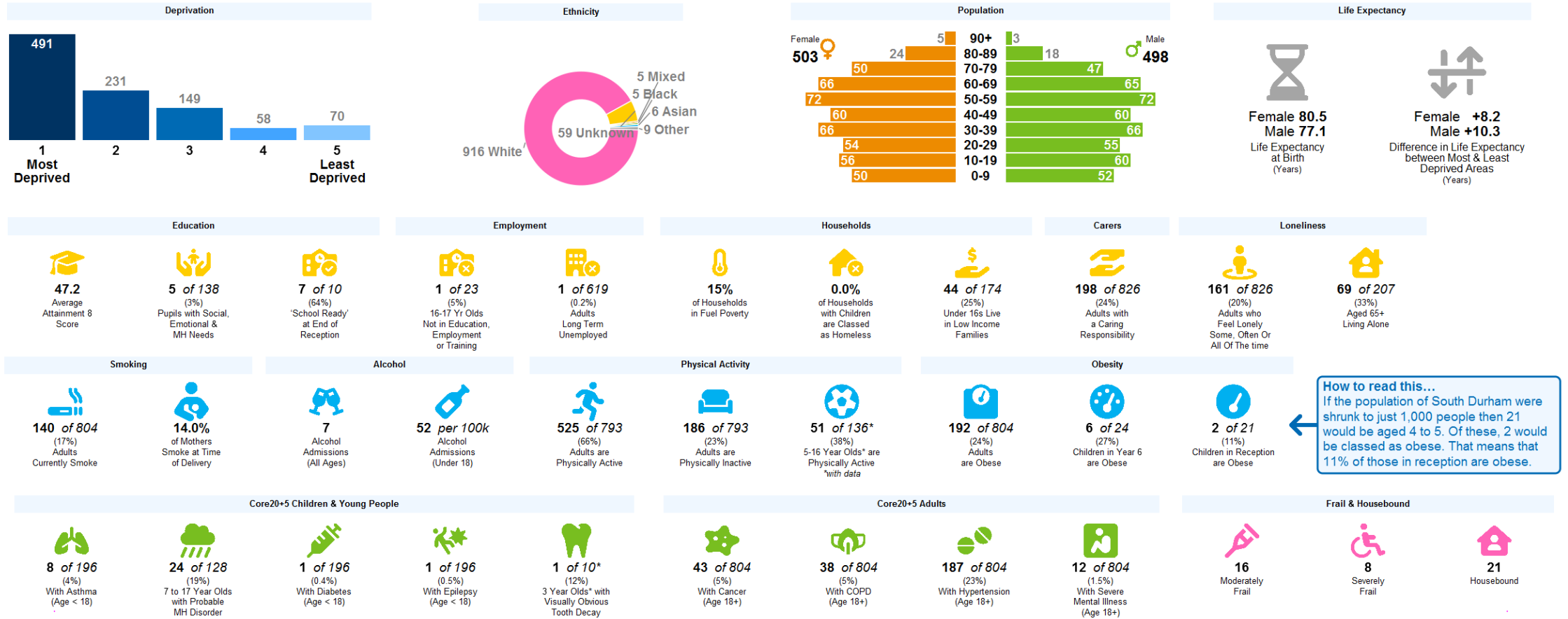
Deprivation levels in your area





Community of 1,000 Infographic

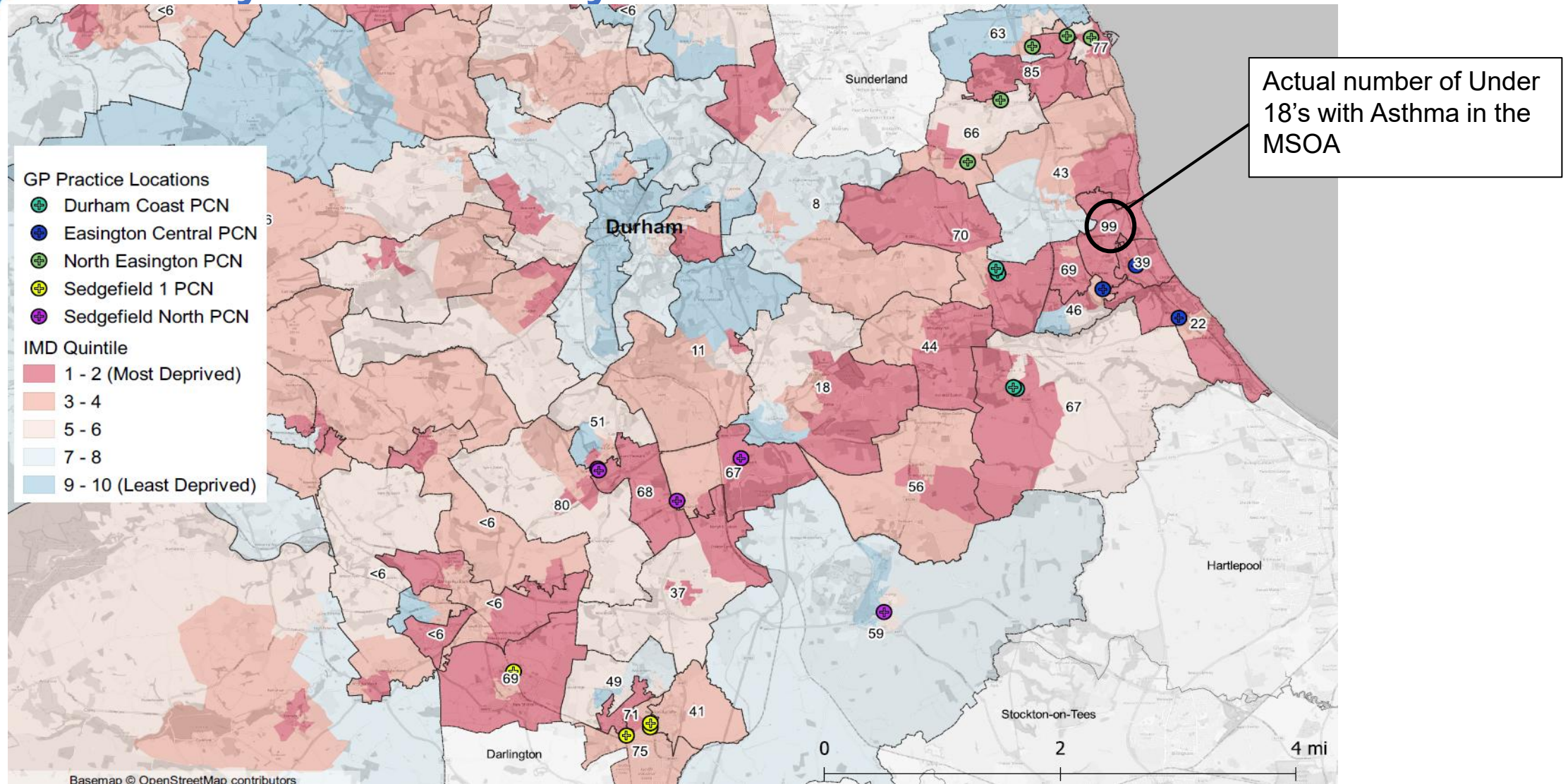
If **South Durham** contained 1,000 people... ...*(actual population ~205,600)*



Based on the population registered with GP practices in South Durham. Figures may not sum to 1,000 due to rounding.



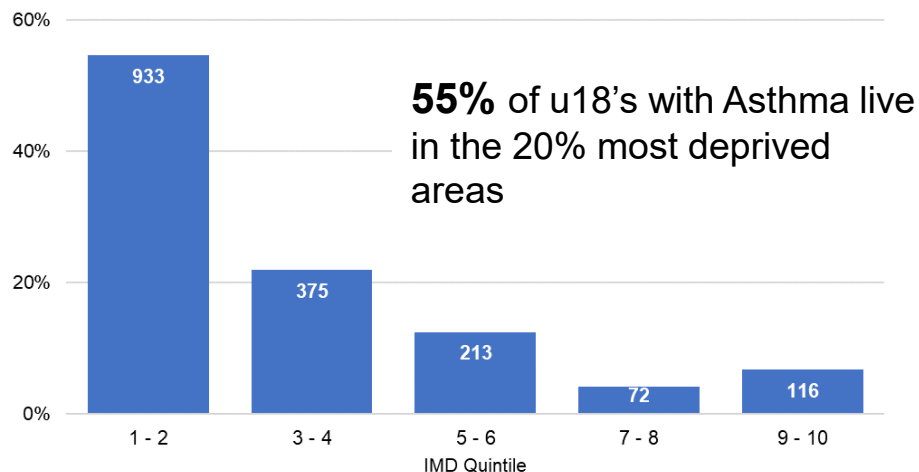
Primary Care Analytics – Asthma in U18s



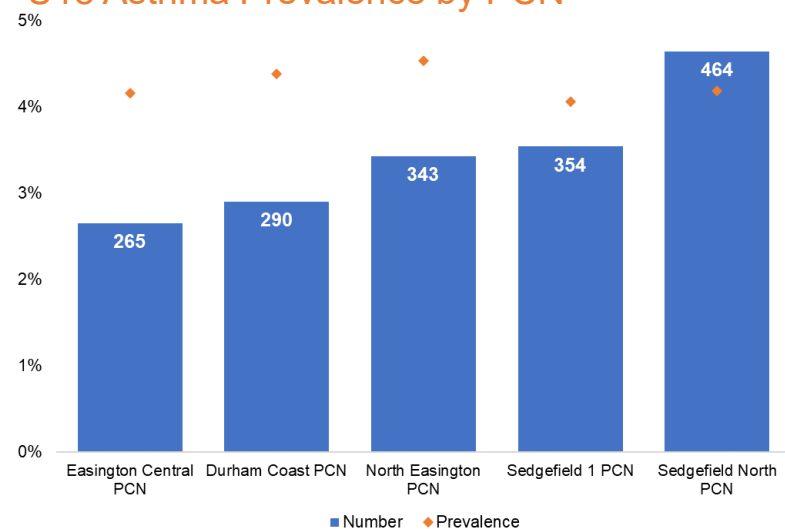


Primary Care Analytics – Asthma in U18s

U18 Asthma Prevalence by IMD Quintile

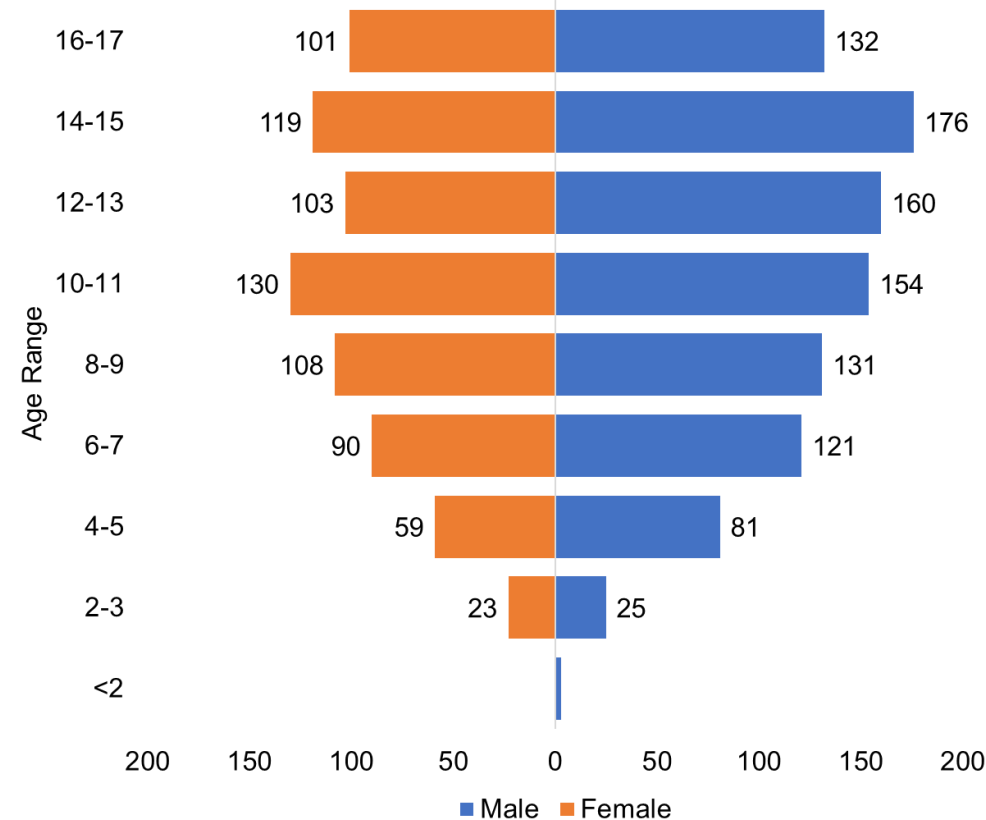


U18 Asthma Prevalence by PCN



North Easington PCN has the highest prevalence at **4.5%** of u18's

Age and Sex Profile



57% (983) of u18's with Asthma in South Durham are Male

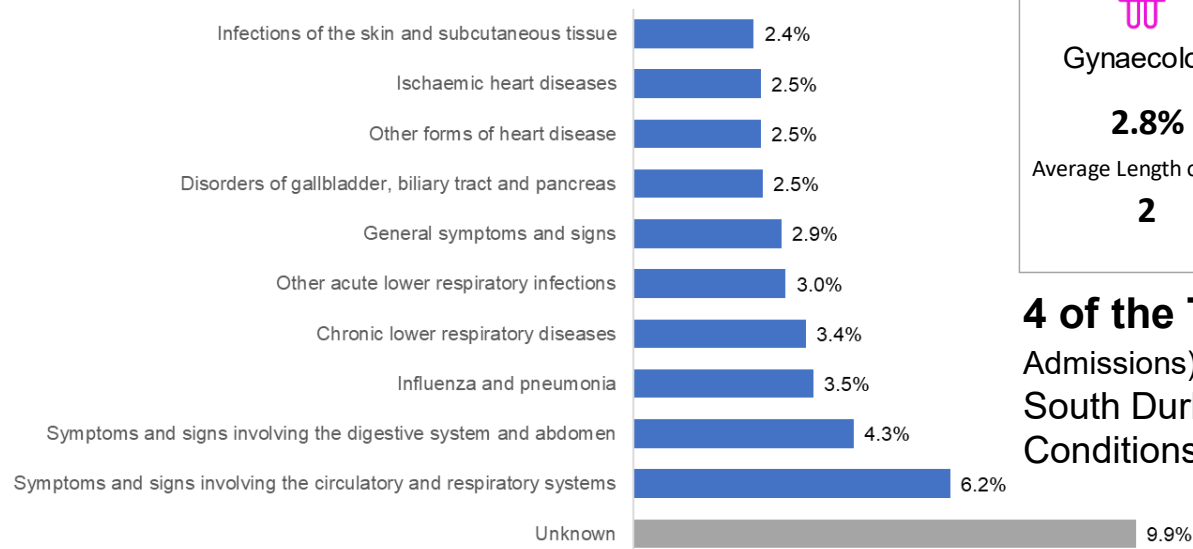


Secondary Care Analytics - Emergency Admissions

CORE 20

Respiratory and Circulatory Conditions are the main reasons for Emergency Admission in South Durham Patients

Reason for Emergency Admission (Top 10)



South Durham Emergency Admissions by Specialty (Top 10)

 General Internal Medicine 36.9% Average Length of Stay: 5	 Emergency Medicine 13.2% Average Length of Stay: 4	 Paediatrics 11.5% Average Length of Stay: 2	 General Surgery 10.4% Average Length of Stay: 3	 Trauma and Orthopaedics 5.8% Average Length of Stay: 8
 Gynaecology 2.8% Average Length of Stay: 2	 Cardiology 2.7% Average Length of Stay: 4	 Urology 2.2% Average Length of Stay: 2	 Ear Nose and Throat 2.0% Average Length of Stay: 1	 Stroke Medicine 1.7% Average Length of Stay: 7

4 of the Top 10 (16.0% of all South Durham Emergency Admissions) Reasons for Emergency Admission in South Durham Patients are due to Respiratory Conditions

CORE 20

This data looks at the 20% most deprived population in South Durham

Where has the data led?

- ▶ Workstream 1 - 2025-26 - Frail Elderly
 - ▶ Multi-disciplinary team approach adapted from recognised national model
 - ▶ GP led - supported by Occupational Therapist, Pharmacist, Healthcare assistants
 - ▶ In the older person's home
- ▶ Workstream 2 - 2025-26 - Mental Health Dual Diagnosis
 - ▶ Simultaneous presence of a mental health disorder and a substance use disorder
 - ▶ High rates of attendance in general practice
 - ▶ Patients bounced between services - everyone's job and no-one's
 - ▶ "No wrong door approach"

Where has the data led?

► Workstream 3 - 2026-27 - Asthma in the <18yrs

To improve asthma outcomes for children and young people (0–17 years) in Easington & Sedgefield by strengthening prevention, clinical pathways and ongoing management, reducing avoidable emergency attendances and hospital admissions, and improving quality of life for children and families.

► Workstream 4 - 2026-27 - Mental Health in the <18yrs

To improve access to the right mental health and wellbeing support for children, young people and families through a joined up and informed workforce across Easington and Sedgefield.

Where next? Who with?

- ▶ Moving services out of hospital into local communities (“Left Shift”)
 - ▶ Diabetes - already in place - hospital consultants supporting specialist nurses and GPs to see patients in their local practice.
 - ▶ Respiratory - general consensus that this is needed across the County
 - ▶ Women’s Health?
- ▶ Evidence based
- ▶ Sustainable
- ▶ Breaking down barriers
 - ▶ Staff skills
 - ▶ Rules & regulations
 - ▶ Organisational boundaries
 - ▶ Double running
 - ▶ Money!

Questions?