

for



**10<sup>th</sup> April 2026**

**Hotel Indigo** - Coffee and welcome – Spring Floral activity with Denise.

**8<sup>th</sup> May 2026**

**Hotel Indigo** - Coffee and welcome – Talk from If You Care Share.

**5<sup>th</sup> June 2026**

**\*Wharton Park** – Coffee and welcome – Craft Activity with Claire Varle.

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**3<sup>rd</sup> July 2026**

**\*Wharton Park** - Coffee and welcome – Music Quiz with DJ Sue.

**7<sup>th</sup> August 2026**

**Hotel Indigo** – Coffee and welcome – Caroline Tweedie – MacMillan Lead Cancer Nurse.

**4<sup>th</sup> September 2026**

**Hotel Indigo** – Coffee and welcome – Derrick Smart from Join the Dots/MacMillan.

Buddy\_Cups is a Coffee Club offering friendship and support for those whose lives have been affected by Breast Cancer.

The group was launched in March 2019 at Hotel Indigo by The Lord Mayor of Durham and with the support of Macmillan. Within the group we have women whose own lives have been affected by Breast Cancer together with their supporters. The need for friendship between those whose lives have been touched in the same way is important to us and providing connection opportunities within our local community to be Uplifted. Inspired and just to Be is fundamental to who Buddy\_Cups are. We hope you will feel able to come along and join us each month for a cuppa and chat as well as fun activities. Looking forward to seeing you there.



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**MACMILLAN**  
CANCER SUPPORT



[BuddyCups@gmail.com](mailto:BuddyCups@gmail.com)

[www.facebook.com/Buddy\\_Cups](https://www.facebook.com/Buddy_Cups)  
<https://www.buddycups.com>



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## **Buddy\_Cups Spring/Summer Programme**

10<sup>th</sup> April to 4<sup>th</sup> September 2026

1<sup>st</sup> Friday of each month meeting at  
The Neighbourhood Café  
Hotel Indigo

9 Old Elvet, Durham at 1pm

**\*(Unless otherwise stated on Programme)**  
**Registered Charity Number: 1208178**